



DOUGLAS COUNTY **HEALTH AND SOCIAL SERVICES**

FOR IMMEDIATE RELEASE

DOUGLAS COUNTY, OREGON FLU ACTIVITY UPDATE 11/4/09 | 2:00 PM

H1N1 Activity

Between September 1 and November 3, 2009, 829 hospitalizations and 23 deaths with positive lab tests for influenza were reported in Oregon. During this same period in Douglas County, 23 hospitalizations and 2 deaths with positive lab tests for influenza were reported. Current statistics and more information about flu activity are available on the Oregon Department of Human Services website at [flu.oregon.gov/Flu Statistics](http://flu.oregon.gov/FluStatistics).

Nationally, almost all of the influenza viruses identified since September are pandemic H1N1 influenza. For more detailed flu activity information visit, www.cdc.gov/flu/weekly.

H1N1 Vaccine

A total of 8,100 doses have arrived in Douglas County to date. Douglas County Public Health expects another 3,100 doses to arrive sometime in the next week. The vaccine will be made available to registered H1N1 vaccine providers and to priority groups at four planned clinics.

Because the H1N1 vaccine has been arriving more slowly than anticipated, we continue to follow CDC's guidance to prioritize individuals who are at greatest risk. The priority groups, in no particular order, include:

- Everyone aged 6 months to 24 years;
- Pregnant women;
- People caring for, or living with infants, under 6 months of age;
- People aged 25-64 who have health conditions that may put them at risk for complications from influenza – such as asthma, immune deficiencies, lung or heart disease, and diabetes;
- Health care workers and emergency medical service providers;
- Law enforcement officers and firefighters who have frequent physical contact with the public as part of their usual work;
- Correction personnel in state prisons, local jails, and juvenile correctional facilities who come into contact with adult or juvenile offenders;
- Public safety emergency telecommunications workers, including 911 call-takers and dispatchers.

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Four clinics are scheduled to serve people in the priority groups who are **not** served by an enrolled H1N1 vaccine provider or are uninsured.

IMPORTANT: Douglas County Public Health officials advise that people who do not fall within one of the priority groups are not eligible to receive vaccine at these clinics. .

| H1N1 Priority Group Vaccination Clinics | | | | |
|--|-------------|---|--------------|------------------------|
| <i>Location</i> | <i>Date</i> | <i>Place</i> | <i>Time</i> | <i>Doses Available</i> |
| Reedsport | Fri, Nov 6 | Reedsport City Hall/Community Center 451 Winchester Ave. | 3:00-4:30 PM | 300 |
| Roseburg | Mon, Nov 9 | Douglas County Fairgrounds Douglas Building | 3:00-5:00 PM | 900 |
| Drain | Thu, Nov 12 | Drain Civic Center 205 West "A" St. | 3:00-4:30 PM | 350 |
| Canyonville | Fri, Nov 13 | Canyonville Elementary School Gym 124 N. Main St. | 3:30-5:00 PM | 350 |

IMPORTANT: The Veteran’s Medical Center, Cow Creek Tribe, State Department of Corrections, Oregon National Guard, Oregon State Hospital, and Oregon Youth Authority receive their own H1N1 vaccine allocations to vaccinate their respective populations.

What are the symptoms of H1N1?

H1N1 flu symptoms are similar to the symptoms of seasonal flu. They include fever, cough, sore throat, body aches, runny or stuffy nose, headache, nausea, chills and fatigue. Some people have also reported diarrhea and vomiting due to H1N1 flu.

When should I seek medical care?

Most people will recover on their own after a week or so of illness and don’t need to see a doctor. In other cases, though, it might be necessary to seek medical care.

People who have severe illness or are at [high risk for flu complications](#) should contact their health care provider. People who don’t have access to healthcare may call the Oregon Flu Hotline to talk with a health information specialist at 1-800-978-3040.

Should I go to the emergency room?

According to the CDC, people should only seek care in the emergency room if they are very sick. If you have the emergency warning signs of flu sickness, that’s when you should go to the emergency room. If you get sick with flu symptoms and are at high risk of flu complications or you are concerned about your illness, call your health care provider for advice.

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Where can I get more information?

Oregon Flu Hotline (toll-free) 1-800-978-3040 – for information and referral. **People who don't have access to healthcare may call the Oregon Flu Hotline to talk with a health information specialist at 1-800-978-3040.**

- **Oregon Flu Website** www.flu.oregon.gov for up-to-date information.
- **Health Department Website** www.co.douglas.or.us/health for news releases and for links to resources.
- **Health Department Flu Info Line** 464-3815

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