



*DOUGLAS COUNTY*  
**HEALTH AND SOCIAL SERVICES**

**FOR IMMEDIATE RELEASE**

October 9, 2009

**H1N1 FLU VACCINE UPDATE**

Limited amounts of H1N1 flu vaccine are arriving in Douglas County and are being sent to private healthcare providers that serve the initial priority groups. Because vaccine shipments are very small, it will take time before vaccine is widely available.

The initial shipment of vaccine was sent to H1N1 vaccine providers that could vaccinate healthcare workers, especially with direct patient care of ill persons, and emergency responders. The second shipment is expected to arrive the week of October 12, and is still in limited quantities and will be sent to some H1N1 vaccine providers to vaccinate healthcare workers, pregnant women, and children.

Douglas County Public Health has signed up over 50 healthcare providers and pharmacies to provide H1N1 vaccine throughout the county. More vaccine is expected to arrive in Douglas County on a weekly basis. Stay tuned for information about public vaccination clinics:

- Local news sources
- Health Department Website [www.co.douglas.or.us/health](http://www.co.douglas.or.us/health)
- Oregon SafeNet 1-800-SAFENET

For more information about seasonal or H1N1 flu, the public may also call the Oregon Flu Hotline at 1-800-978-3040 or visit [www.flu.oregon.gov](http://www.flu.oregon.gov). As always, Public Health recommends:

- **Cover your cough.**
- **Wash your hands often with soap and water.**
- **Stay home when you're sick.** If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick.
- Get vaccinated for Seasonal Flu, and stay informed about the availability of H1N1 flu vaccine.
- If you have severe illness or you are at high risk for flu complications, contact your health care provider or seek medical care.

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